

Memorare

Remember, O most gracious
Virgin Mary, that never was it
known that anyone who fled to
thy protection, implored thy help,
or sought thine intercession was
left unaided.

Inspired by this confidence, I fly
unto thee, O Virgin of Virgins,
my mother; to thee do I come,
before thee I stand, sinful and
sorrowful. O Mother of the Word
Incarnate, despise not my
petitions, but in thy mercy hear
and answer me.

Act of Contrition

O my God,
I am heartily sorry for having
offended Thee,
and I detest all my sins,
because I dread the loss of
Heaven, and the pains of hell; but
most of all because they offend
Thee, my God,
who are all good and deserving
of all my love.
I firmly resolve, with the help of
Thy grace, to confess my sins, to
do penance, and to amend my
life. Amen.

Our Father

Our Father,
Who art in Heaven,
Hallowed be Thy Name.
Thy Kingdom come.
Thy Will be done, on earth as it
is in Heaven.
Give us this day our daily bread.
And forgive us our trespasses, as
we forgive those who trespass
against us.
And lead us not into temptation,
but deliver us from evil.
Amen.

Apostles' Creed

I believe in one God, the Father almighty,
Creator of heaven and earth, and in Jesus
Christ, his only Son, our Lord, who was
conceived by the Holy Spirit, born of the
Virgin Mary, suffered under Pontius
Pilate, was crucified, died and was buried;
he descended into hell; on the third day he
rose again from the dead;
he ascended into heaven, and is seated at
the right hand of God the Father
almighty; from there he will come to judge
the living and the dead. I believe in the
Holy Spirit, the holy catholic Church, the
communion of saints, the forgiveness of
sins, the resurrection of the body, and life
everlasting. Amen.

“Apostles’ Creed” Scroll

- This scroll is to be cut out along the outer edges and glued into the Faith Folder.

